

WDSC 2009 PROGRAMME FOR ADULTS 18+

Time	Wed 19/08/09	Thurs 20/08/2009	Friday 21/08/2009	Saturday 22/08/2009	
8.45 to 10.30	SYNOD	<b>LIFE POSSIBILITIES &amp; ACHIEVING FULL POTENTIAL</b>  <b>Opening Address &amp; Keynote Talks</b> <b>Mahony Hall - Helix</b>  Followed by <b>Meet the Team,</b> Sign in for programmes& induction Helix - Theatre	<b>Workshop Options 2</b>  <b>Introduction to Rock &amp; Roll</b> Helix Gallery  <b>United by Music</b> NS HG18 <b>My Life My Story</b> NS HG17  <b>Learning about the Internet and How to use it</b> NS HG6  <b>FAI Soccer Skills</b> Playing Fields	<b>Time: 8:30 – 9:45</b> <b>Workshop Option 5</b>  <b>My Life My Story</b> NS HG17  <b>Learning about the Internet and How to use it</b> NS HG6  <b>Counterbalance</b> - Helix Gallery  <b>Adults Living Adult Lives – Prof Roy Brown</b> NS HG22	
10.30-11.00		Refreshment Break	Refreshment Break	Refreshment Break 9:45 – 10:15	
11.00-12.30	SYNOD	<b>Workshop Options 1</b>  <b>Exploring Identity Through Drama</b> Helix Gallery  <b>Digital Photography</b> NS HG6  <b>Pottery</b> NSHG19  <b>Adults Living Adult Lives – Prof Roy Brown</b> NS HG22	<b>Workshop Options 3</b>  <b>David Hingsburger - The Rights Stuff'</b> Helix - Theatre  <b>Digital Photography</b> NS HG6  <b>Pottery</b> NS HG19  <b>FAI Soccer Skills</b> - Playing Fields	<b>Time: 10:15 – 11:45</b>  <b>Workshop Options 5</b> <b>David Hingsburger - Just Say Know</b> NS HG17  <b>Expand Your Palate. A Tasting Experience</b> <b>Joan Guthrie Medlen</b> NS HG7  <b>Fun-drums</b> – Helix Theatre	
12.30 -1.30		LUNCH	LUNCH	LUNCH 11:45 – 12:45	
1.30 – 2.30	SYNOD	<b>Guinness Storehouse Tour</b>  Refreshment Break <b>Guinness Storehouse Tour</b> Irelands Number 1 Tourist attraction, visit the world famous Guinness storehouse, learn all about the making of Arthurs Famous Brew and finish with a pint of the Black Stuff taking in the breathtaking views of Dublin City from the Gravity Bar	<b>Irish Traditional Music Session</b> Bodhran & Tin Whistle  Helix Space	<b>Time: 12:45 – 1:45</b> <b>Introduction to Irish Language</b> Introduction to Irish Language followed by some traditional Irish Music  Helix Space	
2.30 – 3.00			Refreshment Break	Refreshment Break	Refreshment Break 1:45 – 2:15
3.00 – 5.00			<b>Workshop Options 4</b> <b>Citizenship Playing Your Part in Society</b> NS HG17  <b>What's On Your Plate?</b> <b>Choosing to Eat healthy</b> <b>J Guthrie Medlen - NS HG7</b>  <b>United by Music</b> NS HG18  <b>Counterbalance</b> Helix Gallery	<b>Counterbalance</b> Celebrate Their Closing Ritual  Helix Space  <b>Closing Ceremony</b>	
6.30pm	State Reception	Welcome Reception	7.30pm Evening Entertainment	8.00 pm Gala Dinner	